

# Sacred Heart Haiti Committee

## Ti Koze Sou Ayiti

(A Little News About Haiti)

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### It's a New Season, It's a New Day!

By Patricia M. Abner

Greetings to you! There is a song that says, "It's a new season, it's a new day, a blessed anointing heading my way...It's a season of power and prosperity....This is certainly a season of CHANGE!

On January 20, we witnessed history in the election of our first African American President: Barak Obama. President Obama speaks of change—of all of us working together to make that change.

Recently, a radio person commented that he hoped President Obama failed. What does he think happens to us if President Obama fails? I was not a President Bush supporter but I never would have wished such a thing upon our "country". "How sad" that anyone would prefer to see failure than to have us all stand united with him and say, "YES WE CAN".

I am filled with hope that change will also focus on Haiti and her needs. It is a season of power and prosperity if we BEGIN to work together.

by: Mark Prime

"On this day of days..Let us consider love, Compassion, freedom, hope. The sky, ocean, seas, soil...Home to our limbs and joy...Long misplaced and low, A glee sunken in our brow...Like the whisper of our end...Bending the corners of our mouths

Misplaced in the shadow of sand and war. Let this day be remarkable with its coming .Daring our better selves to stand upon the shoulders of history and predict our future...With its smiling on the children of peace."

***It's A New Season.... It's a new Day!  
Congratulations President Barak Obama:***

### Cheesecake Time is Here Again

By Angela Brown Wilson

Your cheesecake order supports the work of the Sacred Heart Church Haiti Committee.

We will not be hosting a Mardi Gras Dinner this year and would like to increase cheesecake sales to replace funds that could have come from that event.

Cheesecakes sell for \$14 each and can be ordered between now and Sunday March 22, 2009. Flavors that are available this season are: Original New York Style, Fudge Swirl, Raspberry Swirl, Oreo Chocolate, Strawberry Swirl, Key Lime, Almond Amaretto, Pineapple Swirl and Orange Cremesicle.

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*"Lord, how deeply we need you: Like the dessert needs the rain and the ocean needs the streams and morning needs the sun...Lord Guide our feet.*

This is an excerpt from the poem, "This Days Birth" written

Cheesecakes will be available for pick up from Sacred Heart Activity Building on Palm Sunday April 5, 2009 following each Mass. **Order yours today** by contacting any committee member or by calling Angela Wilson (313-623-4821) or Pat Abner (313-259-5198).

*Thank You for Your Support!*

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## Our Haiti Volunteers

On many occasions, The Haiti Committee has had to call upon many willing people that have assisted us with working in the kitchen, assisting us with packing boxes for the sea container, making pick ups of items or assisting with our newsletter mailings, choirs singing, musicians playing and dancers dancing at fundraiser concerts. No matter what the task, the volunteers "angels" never hesitate to assist when called upon.

On behalf of the Haiti Committee, thank you to the people that always are willing to help us when we need it: Roy Graham, Connie McLeian, Lisa McLeian, Mary Leitner, Margaret Williams, Dominique Holiday, John J.F. Thorne and the Sacred Heart Choral Ensemble, Clara Blanchard, Anita Martin, Denise Miller, Mary Grace Hamilton Lucas, Eric Blount, Lisa McCall, Beverly Hogan, Body & Spirit Dancers, Marjorie Gabriel Burrow and the Metro Catholic Gospel Choir and our own Fr. Norman P. Thomas.

*God bless each of you.*

## Join the Bucket Brigade for Haiti

The Sacred Heart Haiti Committee invites you, your family, business or organization to become a part of the Bucket Brigade for Haiti.

**What is the Bucket Brigade?** It is a new project for the committee. We will supply plastic buckets with lids for the purpose of filling with items for Haiti. The buckets once filled should be returned to a member of the Haiti Committee along with \$6.00. These buckets will be shipped to Haiti on our next Sea Container in June or July 2009.

### **Questions & Response:**

Q. Where can I get the buckets?

R. Buckets will be supplied by Sacred Heart Haiti Committee by Sunday, March 15. A noticed will be placed in the Church bulletin of their availability.

Q. What Kind of items should I place in the buckets?

R. You can include any food item that is nonperishable. Items such as: rice, cereal, can foods, crackers, tang, pre-sweetened kool-aid, etc. Other Items can be: school supplies, toiletries and medicines (over the counter). If prescription, they should not be out dated, tools and shoes. Cleaning supplies or sewing supplies.

Q. What other information do I need?

R. It is important that each bucket have one type of item, i.e. medical, education, clothing, food, etc.

Q. Why do I need to donate \$6.00 along with the filled bucket?

R. The money will be used to help pay for the shipping charges via sea container to Haiti. This is the most economical and practical way of getting the items to Haiti.

### **Other Bucket Brigade Ideas:**

**Food Bucket:** Rice, Beans, Oil, Canned Tomatoes, Canned Meat, Dry milk or hand held can opener;

**Personal Care:** Towel and washcloth, Soap, Shampoo, Vaseline, Toothbrush, toothpaste

**Education Bucket:** Paper, Pencils, pencil sharpeners, crayons, erasers, rulers, glue, markers

**Medical Bucket:** Aspirin, Children aspirin, diarrhea medication, anti-itch cream, pepto bismol, Imodium, etc. Prescription medicine should not be outdated.

**Sewing Bucket:** Needles, threads, folding hard sticks, ribbons, tape measures, etc.

**Kitchen Bucket:** Towels, dish rags, bowls, silverware, cups, can openers, large cooking spoons

**Tools:** Hammers, pliers, screwdrivers, nails, etc.

### **The Bucket Brigade is coming soon!!**

For more information, contact: Pat M. Abner 313 259-5198 or, Angela Brown Wilson 313 623-4821

## Our 2009 Calendar

January 25-Cheesecakes Order taken now

March 22—Last Day to Order Cheesecakes—\$14.00

March 29-Kitchen-Raffle

April 5-Palm Sunday-Cheesecakes Inn

April 20-May 1—Haiti Team in Haiti

August 29-Haiti Dinner Dance/Speaker TBD

September 20-Kitchen



## Our Mission of Joy

The next trip to Haiti is planned for Monday, April 20 to Friday May 1, 2009

Members of Sacred Heart, St. Leo and St. Cecelia Church will be traveling together to each of our perspective parishes: St. Hubert, Ennery; and St. Jerome, Petite Riviere.

The approximate cost of trip will be \$950. If interested in traveling with us, please contact: Pat Abner 313 259-5198 (Sacred Heart) or, William Samuel 313 835-6199.

We plan to see what damages occurred during the storm season and see how we can be of assistance. Plans are being made to construct the next well at one of the chapels that we will visit, repairs on another church, building up the food program and any other way we can help.

### *A few questions about travel to Haiti:*

Q. Do I need a Passport to travel to Haiti?

A. Yes, you do need to have a passport. If you do not have one or, it needs to be renewed, you should go to the Post Office to complete the application.

Q. What Immunizations are needed?

A. Necessary immunizations include Hepatitis B, diphtheria and TB shots and malaria pills. You can discuss with your physician any further immunizations you may need.

Q. Do you take only one flight to Haiti?

A. No. We fly into Miami, Florida and transfer to a second flight that will take us to Port au Prince. In all it takes approximately 5 hours for the entire flight.

Q. Where will you stay in Haiti?

A. While in Port au Prince, we will stay at a guest house: Matthew 25. In Ennery we will stay at the St. Hubert Rectory and in Petite Riviere at St. Jerome Rectory.

Q. Do you have to take fresh water with you?

A. No. We are supplied with fresh culligan water in all the areas that we travel.

Q. How will you travel around in Haiti?

A. We will have either Domo or Ricardo as our friend, guide and interpreter. They both have traveled several times with us. We always feel safe with them.

*"May Perpetual Light Shine Upon Them....O Lord"*

## In Memory

The Haiti Committee extends our deepest sympathy to Adeline August and her family in the passing of her dad **Jean Gaubert**.

Our prayers also go out to Michael Lofton of Sacred Heart in the recent passing of his mother, **Anna Mae Lofton**, God Bless Mike.

We extend our sympathy also to Dr. Alex Pickens and family in the homegoing of his wife **Patricia Pickens**....God Bless You Dr. Pickens.

We send prayers to the passing of our friend **Roland Weiner**. We send our prayers to his family.

*May the souls of the faithful departed, rest in peace.....Amen*

## *Send me your email address!*

*Please email me your email address so that I can include you in our mailings through email. Please send to Patricia M. Abner at: [mamaHaiti1@yahoo.com](mailto:mamaHaiti1@yahoo.com) or, [mamaHaiti1@hotmail.com](mailto:mamaHaiti1@hotmail.com)*



### Haitian Recipe 1: [HAITIAN PATTIES](#)

#### Ingredients

1 cup cold water	1 Egg Yolk
1 teaspoon salt	2 tsp parsley
3 cups all-purpose flour	2 chopped shallots
1 cup vegetable shortening and	Hot Pepper to taste
¼ cup butter mixed together	1 chopped garlic clove
1 lbs pound ground beef, seasoned	
1 tablespoon of beef or broth	
Hot pepper to taste	

#### Directions:

1. Pound to paste the parsley, pepper, shallot, and garlic.
2. Add seasoning paste and broth to cooked beef and mix well.
3. Cook covered on medium heat for 10 minutes. Stir constantly.
4. Uncover until liquids are absorbed. Now filling is ready.
5. Place flour in a large mixing bowl and make a whole in the center. Pour in water and salt. Mix lightly with a spoon without kneading. Place dough in refrigerator 30 minutes.
6. Roll the dough into a rectangle 1/4 inch thick. Spread half the shortening mix on the dough. Fold one side over the middle and spread this section with the remaining shortening. Fold over the remaining section and again roll out to 1/4 inch thickness. Fold again into thirds and roll out. Repeat this rolling process a third time. Refrigerate dough overnight.
7. Roll the dough to about ½ inch thickness. Cut the dough into 2 1/2 inch rounds.
8. Place a tablespoonful of beef on one side of the dough rounds. Fold and lightly press ends together. Place the patties on a baking sheet. Brush the . Cover with remaining rounds, pressing the edges down. Brush the tops and edges of the patties with egg yolk before placing in the oven. Place a pan of water on the bottom rack of the oven.
9. Bake at 400 F 30 minutes, then turn the oven control to 300 F and bake 20 minutes, or until golden brown.

*This publication has been produced by the Sacred Heart Haiti Committee. For additional copies, corrections or comments, please contact: Patricia M. Abner at 313 259-5198 or, email Ms. Abner at [mamaHaiti1@hotmail.com](mailto:mamaHaiti1@hotmail.com)*